

HAIR *Care*

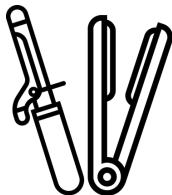
How to look after your hair
extensions at home

DO'S & DON'TS



DO thoroughly wash your hair 1-2 times a week. DON'T use cheap shampoos/conditioners that contain harsh chemicals. Consider investing in a shower filter if you live in a hard water area.

DO use a hair extension brush and brush your hair regularly, making sure to hold the hair at the roots. DON'T use a comb or cheap hairbrush and don't brush roughly.



DO use styling tools heated up to 180 degrees. DON'T use temperatures above 180 and try to only apply heat 1-2 times a week to avoid damaging your hair extensions.

DO use a hairdryer to thoroughly dry your hair. DON'T allow your hair to fully air dry and NEVER go to bed with wet or damp hair.



DO'S & DON'TS



DO use a thermal protectant to protect hair from heat. DON'T use oils in excess to prevent product build up.

DO get your hair coloured by a professional stylist (T-section only).
DON'T bleach or colour your hair extensions as they can be unpredictable.



DO sleep with hair loosely tied back and in a satin bonnet or scarf if possible. DON'T sleep with hair wet or with hair loose.

DO swim with the use of a secure swimming cap. DON'T swim in chloring or salt water without protecting the hair first.

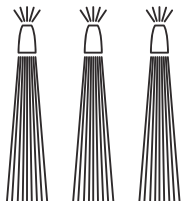


DO'S & DON'TS



DO attend regular maintenance appointments. DON'T go past the time recommended by your hair extension specialist.

DO separate your bonds at least once a week. DON'T neglect the bonds and allow them to matt together.



DO use professional products as recommended by your hair extension specialist.

DO use a clarifying shampoo every few weeks to remove build-up

DON'T wear your hair up in a mid or high hairstyle often. Never wear your hair scraped back tightly as this applies too much tension to the natural hair and can cause damage.



♥ DO enjoy your new hair ♥

DO'S & DON'TS

holidays aboard

When travelling to other countries its important to take additional care when looking after your hair extensions.

DO Apply a conditioner to damp hair before you get it wet and wash your hair immediately after getting out of the pool or sea. Better still, try not to dunk your head under the water.



DO use professional products, that specifically care for hair extensions whilst on holiday. Such as the beauty works After Sun range .

DON'T get sunscreen near your hair extensions
Sunscreen can discolour hair extensions.
Use se a mineral based sunscreen and keep your hair up and off your shoulders.



DO take precautions in case the worst happens. Products like Malibu C hardwater can help to remove unwanted pigment within the hair so pop some in your case - just in case.

RECOMMENDED *products*

Maria Nila True Soft
Shampoo & Conditioner

Beauty works
Shampoo & Conditioner

Pureology Sulfate free
Shampoo & Conditioner

Loreal Everpure
Shampoo & Conditioner

Redken All Soft
Shampoo & Conditioner

Living Proof No Frizz
Shampoo

Osmo colour save Shampoo

Osmo clarifying shampoo

Colour WOW shampoo & conditioner

K18 mask and oil

Moroccanoil hair oil

Revlon Uniq all in 1 hair treatment

Beauty Works 10 in 1



MAINTENANCE

Schedule

It's **VITAL** you attend regular maintenance appointments.

Hair extensions need maintaining regularly, to ensure your natural hair remains healthy.

Here's a guide on when you should book your maintenance appointments.

Micro rings, nano rings, mini tips, pro and ultra tips: Maintenance is required every 8 weeks

Tapes: Maintenance is required every 6 - 8 weeks

Weaves: Maintenance is required every 6 - 8 weeks

Hybrid weaves:

Maintenance is required every 8 weeks

Hair loss systems:

Maintenance is required every 8 - 10 weeks

NEVER REMOVE YOUR HAIR EXTENSIONS YOURSELF